January 11, 2011

Dear Parents,

The 8th grade health class will be starting a nutrition unit during this semester, and I am asking for your assistance. As part of this project, your child will:

* Research and analyze the cost and nutritional value of a meal they typically eat at home. This will be done during school.
* Check out a Flip camera and video him/herself cooking this meal at home. You are welcome to help him/her with this step of the project. This is a requirement of the unit, so if you have concerns with being able to get this done at home, please contact me, and we can arrange for this step to be done at school.
* Add the recipe and video\* to a website that will show others the recipe, its nutritional value, and how to make it.

Students may choose any recipe they wish to make, but my overall purpose in this project is to create a source for families to use in cooking affordable, nutritional meals. My goal is to build this website and add to it every year.

\*If you will allow your child’s video to be posted on the website, please sign the permission slip below. If you do not wish to have your child’s video posted, we will watch them during class, and then they will be deleted.

**I hereby give JCSD1 permission to:**

|  |  |
| --- | --- |
| Yes | No |

Publish my child’s project on the Internet

at [http://banditrecipes.wikispaces.com](http://banditrecipes.wikispaces.com/)

I understand that this website is located on the World Wide Web and can be viewed by people with access to the Internet. Last names will not be included in any part of this project that is posted on the website.

Student name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If you have questions or concerns, please contact me at 684-5594 (CCMS) or [jhepp@jcsd1.us](mailto:jhepp@jcsd1.us)

Sincerely,

John Hepp

Health Teacher, CCMS